

# Course Description

## Psychology of Change: Leadership's Role in a Shifting Environment AMS235



### Overview

Managing effectively in an environment of change requires a willingness to reinterpret and reinvent oneself, re-evaluate relationships and identify the everyday methods of operation that promote stagnation of personal and professional growth. This course will address the fundamental nature of change and its effects on business and personal environments. It will provide valuable insights for management's interaction with change as a positive and constant opportunity for development.

### Learning Objectives

- Explore Kaizen and understand the process of stable and incremental betterment
- Establish a process to identify low yield and disempowering structures
- Create an effective system of communication to choose inclusion and cohesion over avoidance
- Examine the natural cycle of creation and implementation
- Understand the connection between courage and imagination and reaching beyond the comfort zone
- Provide an energized and vital work environment
- Discover the energy and synergy generated by downward aimed service
- Explore the Japanese concepts of Shugyo (discipline) and Metsuke (focus)

### Format

This course is highly interactive and adaptive to participant's interests and needs. A discussion approach is used and is accompanied by individual and team exercises. The coverage is practical but intense and designed to impart usable skills for each participant.

### Duration

One day

### Who Should Attend

All levels of personnel within a corporate structure experiencing rightsizing, reorganization or any form of change, and individuals who desire to become proactive to trends and future business requirements would benefit by taking this course.